



Dear Parents

I am delighted to write to inform you that Cook Stars Southwell and Mansfield will return to Holy Trinity Infant School in the summer term. Sessions will be on a Wednesday from 3.15-4.30pm and run from Wednesday 17th April until Wednesday 22nd May. They are open to children in Reception, Year 1 and Year 2.

Cook Stars aims to teach children how to cook a range of tasty dishes. We will be alternating between sweet and savoury dishes every week. For those who cooked with us before we have new recipes for next term so you'll be getting some new fabulous recipes. Recipes next term will include welsh rarebit muffins and strawberry and banana crunch.

The sessions are fun and interactive. As we cook, we discuss the ingredients – including where they come from and what their purpose in the recipe is. We talk the recipe through together so all children can access the instructions. The children will learn how to chop, whisk and weigh ingredients. Whilst their food is cooking all the children will have a craft activity to complete as well as a drink and snack. Everything the children make will then come home, along with a professionally printed recipe card so that you can always make the recipe again together.

I provide everything for these sessions – including aprons, ingredients and safety knives. The bonus of sending your child to Cook Stars is that they are learning how to cook but all the clearing up is left to me!

Please rest assured we can cater for most dietary requirements – just let me know at the time of booking. The cost for 6 sessions is £66. However, I have set the booking to £0 currently and will send invoices shortly before the sessions commence.

In order to book follow this link or contact me directly:

<https://cook-stars-southwell-and-mansfield.classforkids.io/info/60>

Places are limited to 14 children and allocated on a first come first served basis.

If you have any questions, please do contact me direct on: steph@cookstars.co.uk

Feel free to have a closer look at our lessons by visiting www.facebook.com/cookstarssouthwellandmansfield

I look forward to running these sessions with the fantastic pupils from Holy Trinity.

Steph Sheppard