



**Trip to Clip 'n' Climb**

Friday 8<sup>th</sup> September 2023

Dear Parents and Carers,

Our first school trip of the year will be to Clip 'n' Climb in Nottingham on Friday 22<sup>nd</sup> September. Our topic this half term is 'Superheroes' so in order to gain the skills that both fictional and real-life superheroes need, we thought that Clip 'n' Climb would be the perfect place!

It has physical benefits –

- Low impact, full body workout
- Improves flexibility, stamina and coordination
- Improves muscle strength and develops fine and gross motor skills

It has mental health benefits –

- Stress relief, concentration and problem solving
- Builds confidence and self-esteem
- Encourages peer support, communication and team work

We will be leaving school at 10am and will return to school by approximately 3pm. The children will need to wear comfortable clothing for climbing in and trainers. Please could they also bring a water bottle as usual.

A voluntary contribution of £9 per pupil is requested per pupil for admission into Clip 'n' Climb and school with the cover the cost of the coach.

With the change to universal free school meals for infant age children, your child will be entitled to a free packed lunch on this school trip, as they will not return in time for a school dinner. If you would like your child to have a packed lunch provided by school, we have been informed by school catering service that the packed lunch consists of a choice of sandwiches (ham, tuna mayo or cheese), homemade cake/biscuit, a piece of fruit and a bottle of water.

Please could you complete and return the slip by **Monday 18<sup>th</sup> September to the school office.**

Many Thanks

Jemma Johnson - Cooper



Please return to the school office by Monday 18<sup>th</sup> September 2023. Thank you.

**PLEASE COMPLETE BOTH SECTIONS BELOW. THANK YOU.**

I give my permission for my child ..... to attend the trip to Clip 'n' Climb on Friday 22<sup>nd</sup> September. My child has no relevant medical conditions. Please ensure the appropriate boxes below are ticked below if your child has any medical conditions. Thank you.

I enclose a voluntary contribution of £9. Cheque to be made payable to Holy Trinity Infant School

<p style="text-align: center;">Please tick</p> <p>I enclose a voluntary contribution of £9.00 per child</p> <p>My child has the following relevant medical conditions .....</p> <p>Please explain any medication to be taken on the trip.....</p> <p>Signature.....</p> <p>Parent/Carer</p> <p>Date.....</p>		
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**Please hand in to the school office by Monday 18<sup>th</sup> September 2023.**

I would like my child..... to have:

A packed lunch supplied by home

A packed lunch supplied by the school  with a sandwich filling of:

Ham  Tuna mayo  Cheese

My Child has the following food allergies.....

Signed..... Date.....